

# BREAKFAST MENU

Served 7 Days,

Monday to Saturday 9am to 11am

Sunday 9am to 10:30am

All ingredients are locally sourced where possible



## FULL ENGLISH

**The Bell Breakfast (GFO) 10.95**  
with Procters' sausage, streaky bacon, egg, baked beans, hash brown, mushrooms, and tomato with white or brown bread

**Vegetarian Breakfast (V) (VO) (GFO) 9.95**  
with vegan sausage, tomato, mushroom, hashbrown, bubble and squeak, baked beans, egg and white or brown toast

### Extras

Sausage 1.50 Bacon 1.50 Beans 1.00  
Tomato 1.00 Mushrooms 1.00 Black Pudding 1.50  
Hash Browns 1.00 Bubble and Squeak 1.00

## EGG DISHES

**Eggs Florentine (V) 8.00**  
on toasted English muffin with spinach and hollandaise sauce

**Eggs Benedict 8.50**  
on toasted English muffin with bacon and hollandaise sauce

**Eggs Royale 9.50**  
on toasted English muffin with smoked salmon and hollandaise sauce

**Three Egg Omelette 7.50**  
with a choice of two fillings  
Mature cheddar, ham, mushroom, tomato, onion, spinach or bacon

## CHEESE

**Pan Fried Halloumi 10.95**  
with roast tomato, spinach, avocado, rocket, poached egg and balsamic glaze

## FISH

**Avocado Salmon & Scrambled Egg 9.50**  
on white or brown toast

**Peppered Smoked Mackerel 10.95**  
on white or brown toast with spinach and a poached egg

## AMERICAN STYLE PANCAKES

American style pancakes with a choice of...

**Streaky Bacon and Maple Syrup 7.50**

**Mixed Berry Compôte 7.50**

## CEREALS

**House Made Granola 5.00**  
with Greek yoghurt

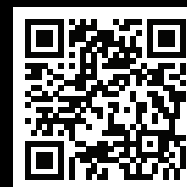
**Creamy Porridge 5.00**  
with mixed berry compôte

## FRESH FRUIT

**Seasonal Fresh Fruit and Berries 7.50**  
with Greek yoghurt, honey and mixed nuts



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Please speak to your service team if you have any allergies or dietary requirements  
**(GF) Gluten Free (GFO) Gluten Free Option (V) Vegetarian (VE) Vegan (VO) Vegan Option**

Please speak to a member of staff if you have any special dietary requirements

**The Bell Inn Bistro**, High Street, Thorpe Le Soken, Essex CO16 0DY  
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— FREE HOUSE —

[www.bellinnbistro.com](http://www.bellinnbistro.com)